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KATHY GRIFFIN DOESN'T HOLD BACK

The comic lets loose on Donald Trump and Demi Lovato's fans. 21

How to stop hating your boss. 28

Giants put up 49 points, but lose. 31

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Info Session:**
November 12
6:00 pm

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More**

MEET BUSHWICK'S RENT-A-MOM

Nina Keneally mothers millennials in Brooklyn
with advice and chicken soup — but no laundry. 8-9

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RUSSIA GROUNDS FLEET

1 A Russian airliner that crashed in Egypt's Sinai Peninsula broke up in mid-air, an official of a Moscow-based aviation agency said. Kogalymavia airline, operator of the Airbus A321, was ordered not to fly its jets of the same model until the causes of the crash are known. **REUTERS**

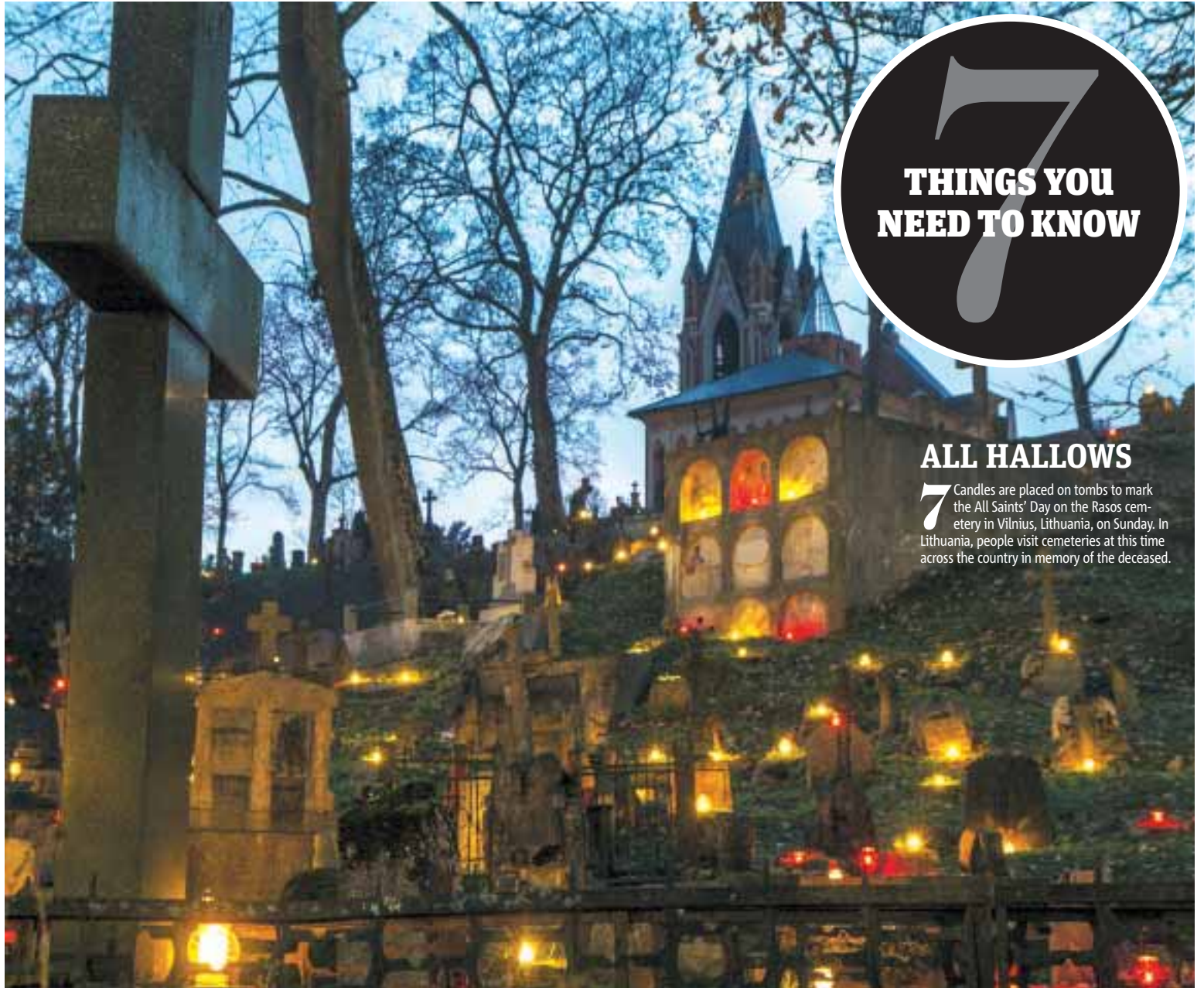


AIRBNB \$8M CAMPAIGN

2 Airbnb has spent more than \$8 million and hired a top political operative to defeat a San Francisco initiative on the ballot Tuesday that could threaten the growth of one of the most valuable global technology companies. Proposition F, which would limit short-term rentals, was brought by affordable housing advocates fed up with the city's housing stock being used as rentals for tourists while residents face skyrocketing rents and evictions. For Airbnb, a defeat in its hometown of San Francisco would be mostly a symbolic blow. **REUTERS**

20 CASES OF E. COLI

3 Chipotle said it had closed all its restaurants in two markets due to a reported outbreak of E. coli bacteria that is being investigated. "After being notified by health department officials in the Seattle and Portland, Oregon, areas that they were investigating approximately 20 cases of E. coli," company spokeswoman said. **REUTERS**



7 THINGS YOU NEED TO KNOW

ALL HALLOWS

7 Candles are placed on tombs to mark the All Saints' Day on the Rasos cemetery in Vilnius, Lithuania, on Sunday. In Lithuania, people visit cemeteries at this time across the country in memory of the deceased.

ALL PHOTOS GETTY IMAGES

STORMS HIT TEXAS

4 At least six people were dead in Texas in storms that lashed parts of the state with heavy rains, causing flooding and the cancellation of dozens of flights as twisters were reported near Houston. The National Weather Service reported an apparent twister south of Houston in Brazoria County early on Saturday. **REUTERS**



1 DEAD IN NC SHOOTING

5 One person was killed and another injured early Sunday on the campus of Winston-Salem State University in North Carolina, the university's website said. The names of the victims have not been released and the alleged gunman was still at large, local media reported. Campus police and local police could not immediately be reached for comment. The campus was placed on lockdown but police issued an all-clear about three hours later. **REUTERS**

BLUE LIGHT BACK ON

6 Attention Kmart shoppers: The struggling discount chain is bringing back the "Bluelight Special" in the hopes the iconic marketing approach it pioneered decades ago will breathe life into its stores and online sales. The retailer started sounding the blue sirens used to flag the surprise, 15-minute-long deals to shoppers. **REUTERS**



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Jane's Carousel in Brooklyn KATE GAVRIEL

NYC hopes to lure winter visitors with indoor attractions

A new ad campaign, "Unlock NYC," encourages travelers to visit the Big Apple in the snow.

"Unless you're a beach destination, attracting visitors in the winter is tough."

Dixon



WENDY JOAN
BIDDLECOMBE
Wendy.Biddlecombe@metro.us

The city's tourism agency, NYC & Company, said it's hoping to entice travelers from other American and international cities to visit during the chillier months.

An new ad campaign, "Unlocked NYC," launched on Monday. The promotion will focus on cozier, indoor attractions, the agency said.

Hotel occupancy rates dipped to 77.4 percent in the first quarter of 2014, compared with the yearly average of 89.5 percent and 95.8 percent in the month of

August.

The agency said it hoped to boost visitor spending and Broadway show attendance and grow New York City's economic impact during the months when tourism traditionally dips.

The ads will run in London, Spain, Italy, Washington, D.C., Los Angeles, Philadelphia and Boston, the agency said.

Some of the suggested winter attractions include visiting Grand Central Terminal or the Noguchi Museum in Long Island City, riding the Staten Island Ferry, strolling the Queensboro Bridge, or seeing a matinee show.

"Unless you're a

beach destination, attracting visitors in the winter is tough. We want visitors to think 'access, value and allure' instead of 'snow and ice' when it comes to a New York City winter," Fred Dixon, president and CEO of NYC & Company, said in a prepared statement.

"There are endless reasons to love New York City in every season, but something special happens when the snow falls — from Lunar New Year celebrations in Flushing and the tree lighting in Rockefeller Center to watching the Polar Bear Club brave the frigid waters on Coney Island," Mayor Bill de Blasio said in a prepared statement.

BRIEFS

Customer pulls gun on clerk in Queens restaurant over bill

A restaurant employee called police after an irate customer was unhappy with his bill and flashed a gun toward him, NYPD officials said.

Cops are on the lookout for the unidentified suspect who was captured on video surveillance threatening the clerk at Rong Hua Chinese restaurant in Richmond Hill on Oct. 22.

Investigators said the 39-year-old employee reported the man was upset over the amount he was charged for his order. The two then got into a verbal argument.

The confrontation escalated when the suspect can be seen on video shouting at the worker and pulling out a gun as he approached the counter, holding it as he got his last word before walking out.

Authorities said the

employee was not hurt in the confrontation. The suspect took no property or money before he left.

Police described the suspect as a man in his mid 20s, standing about 5-feet-10 and weighing about 140 pounds.

He was last seen wearing a black hoodie, black jeans, a black San Francisco Giants baseball cap and a gold grill on his top teeth.

CHESTER SORIA



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- For additional connections between Manhattan and **Jamaica Center**, consider the **A** and **J** via a transfer at **Broadway Junction**.
- **A** connects with the JFK AirTrain at Howard Beach.

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####FASTRACK

Silver, Skelos on trial this month

Two ex-legislative leaders are facing U.S. corruption trials.

The former leaders of New York's two legislative chambers face simultaneous public corruption trials this month in a Manhattan federal courthouse, shining a spotlight on the sordid side of state politics.

Former New York State Assembly Speaker Sheldon Silver, long one of the state's most powerful lawmakers, goes on trial this week on charges that he used his office to collect millions of dollars in kickbacks and bribes.

Dean Skelos, former Senate majority leader, faces his own criminal trial on Nov. 16. He is charged with taking official actions on behalf of several companies in exchange for payments to his son.

Together with Gov.



New York State Assembly Speaker Sheldon Silver walks out of the Federal Courthouse after his arraignment. Silver was arrested on bribery and corruption charges after a long-term investigation by the FBI. GETTY IMAGES

Andrew Cuomo, Silver, a Democrat, and Skelos, a Republican, wielded virtually absolute control in Albany over everything from the state budget to key legislation. That so-called "three

men in a room" system, in which the holders of those three offices hash out deals in secret, has long troubled good government advocates.

Both men have resigned their leadership

posts, though they remain in the legislature. They have denied the allegations, with Silver saying repeatedly that he will be vindicated at trial.

The trials are the

"The institutional reputation is in the sewer, and can't go lower."

Benjamin

highest-profile cases in a string of corruption scandals. More than 30 state lawmakers have either been indicted or forced from office in recent years.

U.S. Attorney Preet Bharara has cast the allegations as symptomatic of a "show-me-the-money culture" that had transformed New York's statehouse into "one of the most corrupt governments in the nation."

Those comments prompted a motion from Silver's lawyers to dismiss the indictment, arguing that Bharara had tainted potential jurors. U.S. District Judge Valerie Caproni said she was "troubled" by the remarks but allowed the case to proceed.

ceed.

Susan Lerner, executive director of the good government group Common Cause of New York, said lawmakers have refused to consider meaningful ethics reforms despite continued scandals.

"It's a culture of entitlement that needs to be broken," she said.

Gerald Benjamin, a professor at the State University of New York at New Paltz, said the legislature's popularity rating is so dismal that there is little downside for lawmakers to maintain the status quo.

"The institutional reputation is in the sewer, and can't go lower," he said.

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Meet Bushwick's mom-for-hire

Nina Keneally wants to be the mom you left behind in your hometown — but she's neither your therapist nor your maid.



CHESTER SORIA
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Like many Bushwick transplants, Nina Keneally moved to the neighborhood two years ago. She visited it a few times and said she fell in love with the energy

and community, enough so that she eventually packed up her things and moved to a home off the Halsey stop.

Unlike many of her neighbors, the 63-year-old Keneally had already established herself as a professional on Broadway and spent years as a substance abuse counselor

while raising two sons now in their 20s.

Keneally's latest venture grabbed national headlines last week. NeedAMom lets younger New Yorkers hire the mom they might have left behind in their hometowns. Her own sons don't live too far away, but Keneally told Metro New York

she's happy to stand in for clients at a base rate of \$40 an hour — although she's willing to barter.

So what's the response been like since you officially launched on Tuesday?

It's overwhelming. I did a soft launch of this for a month or two, and that was OK. But I'm astounded. It's unbelievable — it's crazy. I've even been reached out to by reality television agents. It's just totally unexpected.

Why do you think so many people have strong opinions about NeedAMom?

I think it strikes a nerve. There's something about having a mother without the baggage that people are responding to, and that's fascinating to me. The media attention also shows just how desperate everyone is for content.

Your story has seen a lot of positive response on social media, less positive in many comments online.

Yeah. After I read the first couple of them I declined to read them. There's no upside. As my son says, "Haters gonna hate." Every day I've been getting a handful of inquiries about working with people. It's a lot to handle, especially with all the media attention. But I trust the press interest to evaporate very quickly, as those things do.

Yeah?

I've also had interest from people all over the place asking if I can hire them to be mothers, or franchise it in different places. It'd be great, but at this point that's not my concentration.

But you've already got clients.

I probably have about four ongoing, where I've seen them more than once. But I'm also setting up appointments with about eight other people. I want to be sure that I'm giving people the attention they need, and the right attention.

So what kind of things are you doing for your clients?

I'm taking someone for a colonoscopy who doesn't



Nina Keneally started a business

want to go alone.

What's the oddest request you've gotten?

Somebody contacted me telling me their mother died when they were young, and that they hear their friends hating on their mothers. They wrote, "I need to have a hate session, but nothing S&M about it." And I thought, "What does that mean?" Unless I know exactly the way to handle it, it's not happening.

It doesn't sound like you're fazed by much, though.

Between my clinical background and being in the theater and raising two sons, it's pretty hard to shock me. And I live in Bushwick.

Why do you think your clients and potential clients have reached out to you?

There are people who just want somebody to talk to, someone they feel isn't necessarily solely therapeutic or clinical who isn't their buddy. For some of the young adults.

So are these mainly millennials?

I don't know what to call them because I hate all those words. They're just human beings who are younger than I am. They're very ambitious, they're very talented,

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they're very hard-working. They're smart. But every once in a while, it's hard to be young and striving in New York City. It's tough [financially], it's hard emotionally. Sometimes they want to bounce things off of someone who has a different perspective with hard-earned wisdom. It's tougher now for young people than it often was for people when I was young here.

Well, millennials also have reputations of being very coddled.
Yes, indeed.

Do you think you're encouraging that?
I'm not going to coddle anybody. I'm not tough love but I'm straight up. What many of us who parented millennials did that was a mistake was always saying, "Oh, you're so special — everything you do is so great." Encouragement and support is important, but it was overdone a lot.

What do you say to folks who aren't sold on your background for this kind of work?
I'm not telling anybody I have all the answers. I just have a Chinese menu. Try one from column A, one from column B and see what works for you. I am what I am, and I say that I'm not talking to them

as a professional — I'm a mom. I'm a person who cares and is interested in you. But if you need professional help, I can help you find that. That's also a hard thing to negotiate these days.

Do you think you're blurring any lines, though, offering motherly work as a service?

I'm very clear that I'm speaking to them as a person that melds all my personal talents. I can pull from them, but it's not as a professional. There's no such thing as a professional mother, unless you count Carol Brady.

I don't want to clean your bathrooms or do your laundry, but I'll sew a button on your shirt. I'll even darn a sock — it's actually sad kids throw out their socks if there's a little hole. I'll go to Whole Foods with you and plan a dinner and shop for the right stuff. I'll even hang out and let you cook dinner. But I won't stay and do your dishes.

I'm happy to make a pot of soup if you're sick. I make a pretty good chicken soup.

But you're not inviting anyone over for Thanksgiving dinner.
No, no, no. That's friends and family.

This interview has been edited and condensed for space.



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10 NEW YORK

BRIEFS



NYPD

Public drinking leads cops to loaded gun, 31 cocaine bags in Murray Hill

A few swigs of a beer from a suspect on Second Avenue led cops to a loaded handgun and a stash of drugs early Saturday.

Officers with the 17th Precinct on patrol noticed Mark Nickay, 51, drinking a bottle of Corona while he was standing near a parked minivan with a friend identified as 32-year-old Leonard Ndue.

Both Officers Christopher Neil and Michael Papparlardo stepped out of their marked patrol car and approached Nickay and Ndue.

That's when they said Nickay threw a bag underneath the van and began to walk toward Second Avenue, leaving his friend behind.

Neil and Papparlardo said they split up, with Neil approaching Nickay, a resident of Florida. Neil reportedly stopped the suspect from reaching into his pants pocket, where the officer found a loaded 22-caliber Derringer.

Ndue began to argue with the officers about his friend's arrest, leading the officers to arrest him.

Once both men were in

custody, Neil went to retrieve the bag Nickay allegedly threw under the van.

Inside, he found 21 bags of cocaine, 10 bags of crack cocaine and various other prescription pills.

Nickay faces weapons and drug possession charges, as well as for public drinking.

Ndue was arrested on obstruction and resisting charges.

Don't forget: Tuesday is Election Day

Tuesday marks election day for New Yorkers across the boroughs.

While an off-year for many elected positions, voters in certain districts can vote in a handful of special elections.

Staten Islanders will get to pick their new district attorney after its most recent holder, now-Congressman Dan Donovan, went to Washington,



GETTY IMAGES

as will residents in Queens and the Bronx.

Voters in Staten Island's 51st City Council District and Queens' 23rd District will also get to elect a new council member after both councilmen resigned earlier this year.

The city's Board of Elections will have its polling places open between 6 a.m. to 9 p.m.

NY health exchange open for enrollment

The latest enrollment period for New York state's health exchange kicked off on Sunday — the third since its launch in 2013.

New Yorkers looking to sign up for health care through the state's network will have until Dec. 15 to register in order to have coverage as of January 2016.

As a means of reaching more low-income applicants, the state also launched its "Essential Plan" in September. Available in January, the no-deductible plan targets residents who make too much to qualify for Medicaid but not enough to pay for private health insurance. Instead, they pay \$20 a month or less for coverage.

To qualify, a household of one can make \$23,540 at most, while a four-person household can earn no more than \$48,500.

More than 2.5 million New Yorkers have used the state's exchange to enroll for coverage since its launch two years ago, according to state officials.

New Yorkers interested in enrolling can visit nystateofhealth.ny.gov or call 1-855-355-5777 for assistance.

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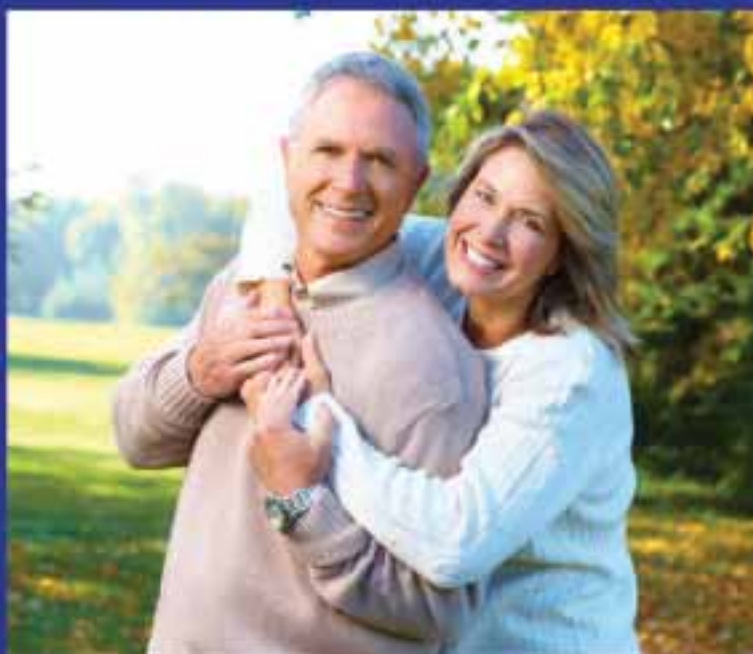
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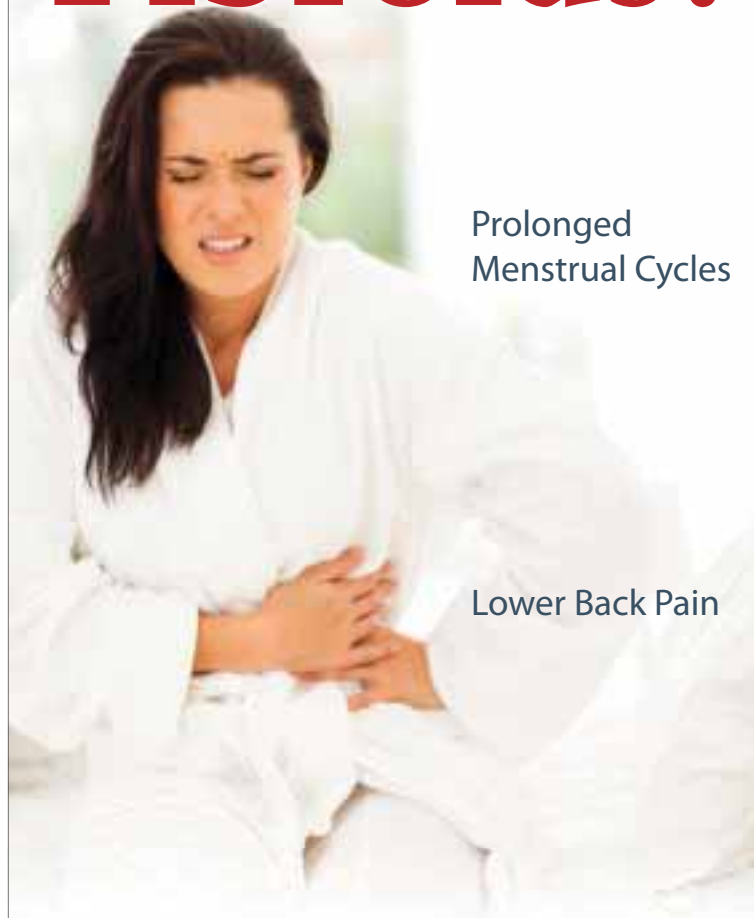
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Biwott and Keitany win Marathon



Runners cross the Verrazano-Narrows Bridge at the start of the TCS New York City Marathon on Sunday.

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Women's winner Mary Keitany from Kenya and men's winner Stanley Biwott from Kenya embrace after winning their divisions in the TCS New York City Marathon.

ALL PHOTOS BY GETTY IMAGES



NYPD Commissioner Bill Bratton and director Spike Lee look on as men's first-place winner Stanley Biwott from Kenya crosses the finish line.



Marathon fans cheer for the runners.



Runners run through the streets of Brooklyn.

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ZOMBIES MARCH ON DC

One glance at the tidal wave of zombies in pop culture these days will tell you that we just love the idea of troubles that just won't go away. Politicians, when they've dealt with issues, don't want to face them again. That's why pols in D.C. will be barricading themselves in old barns this week and snatching up pitchforks, because they know old issues are rising again in the Foreman Forecast.

1. SYRIA: Voters usually don't pay much attention to foreign affairs except when you're talking about a distant war and American boots in the ground. But that is precisely what the White House announced this week as part of the ongoing battle against ISIS in Syria. Yes, the numbers are extremely limited and the administration seems to be very reluctant to make the move. But Dems and Repubs alike are roaring as this old debate shakes its moldy shoulders. Expect candidates to be pelted with questions about it.

2. BLACK LIVES MATTER: This is a relatively new movement haunting the campaign trail, but as many candidates have discovered, it can arise suddenly and with

TOM FOREMAN

Opinion

Tom Foreman is a CNN correspondent and author of the book "My Year of Running Dangerously."



powerful effect. Hillary Clinton was confronted at an event in the ATL last week, and while the protestors were eventually removed they took all the headlines with them. That's scary stuff for pols, and the Black Lives Matter folks know it. I expect them to turn up more and more, often striking fear in the hearts of every candidate because at this point no one — Democrat or Republican — knows how to respond.

3. MEDIA MAELSTROM: Hey, I'm not going to whine. I like being a reporter. But after the CNBC debate, we media types are being torched by politicians, especially on the right. I think that will not only continue this week, but could grow hotter. Watch for debate about debates, ground rules, and who gets to play in the sandbox.



US Navy salvage team seeking to confirm wreckage of sunken El Faro



The El Faro is shown in this undated handout photo provided by Tote Maritime TOTE MARITIME/HANDOUT VIA REUTERS

A U.S. Navy salvage team was preparing on Sunday to launch a remotely operated submersible to confirm that wreckage discovered near the Bahamas was that of the cargo ship El Faro, lost in a hurricane last month along with its 33 crew members.

The team is seeking to retrieve the ship's voyage data recorder, similar to an airplane's black box, as part of an investigation into what caused the ship to sink, according to the National Transportation Safety Board (NTSB). It was the worst maritime accident involving a U.S.-flag vessel since 1983.

The cargo ship's owner Tote Inc. has been hit with four lawsuits filed by relatives of the crew, alleging the ship was not seaworthy and should have changed course to

avoid Hurricane Joaquin.

Tote filed for protection in a federal court in Florida on Friday, citing U.S. maritime law and saying the ship was "seaworthy and properly manned" and that the company bears no responsibility for its loss.

As El Faro left port in Jacksonville, Florida, on its way to Puerto Rico, the captain set the ship on what appeared to be a collision course with the powerful storm, a decision that has baffled shipping experts.

The El Faro disappeared on Oct. 1 after the captain reported losing propulsion and taking on water. The crew included 28 Americans, and five Poles.

It was unclear on Sunday what plans were in place to recover the bodies of the crew. A weeklong search and

rescue mission launched by the U.S. Coast Guard after the ship went missing found only one body.

Some relatives of the crew complained that not enough was being done to find their loved ones after the Coast Guard called off its search.

"We still don't have any closure. I feel it's not really any better until they find some bodies," Schmiara Hill, 33, of Jacksonville, said on Sunday. Hill is a cousin of Roosevelt Clark, a veteran seaman who was on board El Faro.

The NTSB said in a statement on Saturday that the wreckage consistent with the 790-foot El Faro was found using sonar equipment, lying upright and intact at a depth of almost 3 miles, complicating the search.

REUTERS

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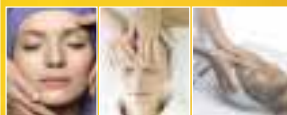
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NOTICE OF A JOINT PUBLIC HEARING of the Franchise and Concession Review Committee and the New York City Department of Small Business Services (SBS), to be held on Monday, November 9th, 2015 at 22 Rensselaer Street, Borough of Manhattan, commencing at 2:30PM relative to:

INTENT TO AWARD a new License Agreement with Caron Worldwide Trading Inc., whose address is 24 Stewart Place, Unit 4, Fairfield, New Jersey 07004, for the non-exclusive use of city-owned trademarks on merchandise. Upon notice from the City, the agreement will become effective, providing for an initial license term beginning on January 1, 2015 and terminating on December 31, 2018. In addition to the initial term, there may be two (2) two (2) year renewal options upon mutual agreement of the parties on substantially the same terms and conditions. For each license year of the License Agreement, Caron shall pay royalties equal to ten percent (10%) of Net Sales (as defined by the Agreement). The Agreement provides for guaranteed minimum royalties of \$60,000 for year one of the initial term and \$87,900 for years two through four of the initial term, payable each year of the initial term by December 31 and guaranteed minimum royalties of \$100,000 for each calendar year of the renewal terms, payable each year of the renewal term by December 31.

AND

INTENT TO AWARD a new License Agreement with New York Popular Inc., whose address is 168 39th Street Brooklyn, New York 11232, for the non-exclusive use of city-owned trademarks on merchandise. Upon notice from the City, the agreement will become effective, providing for an initial license term beginning on January 1, 2015 and terminating on December 31, 2018. In addition to the initial term, there may be two (2) two (2) year renewal options upon mutual agreement of the parties on substantially the same terms and conditions. For each year of the Agreement, NY Popular shall pay royalties equal to eleven percent (11%) of Net Sales (as defined by the Agreement) of children's apparel and royalties equal to twelve and a half percent (12.5%) of Net Sales (as defined by the Agreement) of adult apparel. The Agreement provides for guaranteed minimum royalties for each year of the agreement of \$130,000, which includes annual advance payments of \$60,000.

LOCATION: A draft copy of the agreements may be reviewed or obtained at no cost, commencing Friday, October 20th, 2015 through Monday, November 9th, 2015 between the hours of 9:00AM and 5:00PM, excluding weekends and holidays at SBS, whose address is 115 Williams Street - 7th Floor (Procurement Unit) New York, New York 10038.

Individuals requesting Sign Language Interpreters should contact the Mayor's Office of Contract Services, Public Hearing Unit, 253 Broadway, 9th Floor, New York, New York 10007, (212) 788-7490, no later than SEVEN (7) BUSINESS DAYS PRIOR TO THE PUBLIC HEARING.

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Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to **300,000** lives a year in the US.

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- ☒ Leg Pain and Cramps
- ☒ Heaviness and Swelling
- ☒ Skin Discoloration
- ☒ Ulcers and Blood Clots
- ☒ Difficulty Walking Long Distances

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House Speaker Ryan rules out work with Obama on immigration



Ryan speaks after being elected as the new Speaker of the House. GETTY IMAGES

Republicans have fought Obama's unilateral steps that bypassed a gridlocked

Congress to try to shield millions of illegal immigrants from deportation.

House of Representatives Speaker Paul Ryan on Sunday ruled out working with President Barack Obama on overhauling U.S. immigration policy, saying it would be "a ridiculous notion" to pursue legislation because Obama cannot be trusted on the issue.

Obama's executive or-

ders, announced last November but put on hold by the courts, would let up to 4.7 million illegal immigrants stay without threat of deportation. It was aimed mainly at helping 4.4 million people whose children are U.S. citizens or legal permanent residents.

The immigration issue has driven a wedge between Hispanics, an increasingly important voting bloc, and Republicans, many of whom take a hard line on illegal immigration, to the benefit of Obama's fellow Democrats. Most of the estimated 11 million illegal immigrants in the United States are Hispanic.

Ryan said he would

not try to advance comprehensive immigration legislation while Obama, whose term ends in January 2017, is president.

"I think it would be a ridiculous notion to try and work on an issue like this with a president we simply cannot trust on this issue," Ryan said in an interview aired on the CBS program "Face the Nation."

"He tried to go it alone, circumventing the legislative process with his executive orders, so that is not in the cards. I think if we reach consensus on how best to achieve border and interior enforcement security, I think that's fine," Ryan added.

REUTERS

BRIEF

No treat for soldier in suicide bomber costume at U.S. Army base

A soldier who tried to enter North Carolina's Fort Bragg U.S. Army base dressed as a suicide bomber for Halloween prompted a security alert including a search for explosives, military media said on Sunday.

The unidentified soldier, wearing a costume that ap-

peared to be an explosive vest, tried to pass a checkpoint on Saturday evening, the base said in a Facebook post, which has since been removed, according to Military.com.

The post said the incident resulted in an emergency response that consisted of the gate being briefly closed as explosive technicians cleared the site, according to the military

news website.

Base officials were not immediately available for comment. Military.com reported it was unclear if the soldier will be charged.

The base removed the original Facebook post about incident because of comments that were "profane, sophomoric, or did not treat the subject seriously," it said in a subsequent post. REUTERS

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People over age of 50 that have a history of diabetes or smoking and other peripheral artery disease risk factors, such as obesity or high blood pressure, have a greater risk of having PAD. The good news is that PAD can be easily treated with our fast minimally invasive technique.

PAD can be recognized by these symptoms.
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- ☒ Painful cramping in your hip, thigh or calf muscles after walking
- ☒ Leg numbness or weakness
- ☒ Non-healing sores on your toes, feet or legs
- ☒ Coldness in your lower leg or foot
- ☒ Slower growth of your toenails
- ☒ Shiny Skin on your legs
- ☒ No pulse or a weak pulse in your legs or feet
- ☒ Erectile dysfunction in men

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“Fraction Of An Inch”

Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very “candid” and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from **real medical treatments**.

That's also why no ethical doctor would promise or

guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: “cure for knee arthritis” or “eliminates all pain” or “works for everyone” you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplementation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a “must read.”

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints decreases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Northern New Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in New York City. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

“All Doctors Are Human And Sometimes They Mess Up”

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... *but the imaging proved him wrong.*

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant

step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.


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Director Gazelle Craig D.O.

Why A Fraction Of An Inch Can Be The Difference: Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to


Before Treatment
Painful Knee Joint
Riddled With Arthritis



Successful Treatment
Exact Placement Of Lubricating Gel
When Using Advanced Imaging



Failed Treatment
Without Advanced Imaging Missing
Joint By TINY Amount Causes Failure



Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

Justin Bieber throws another temper tantrum

For the second time in a week, Justin Bieber stormed off stage and ended a gig early, this time in Oslo, Norway. One song into the gig, Bieber took a moment to try to mop up a spill at the front of the stage, but when audience members wouldn't listen to him, he whipped off his head-set and left the stage, saying, "Never mind. I'm done, I'm not doing the show." The crowd, obviously, was a bit confused.

Also? Dig his apology on Instagram that he clearly didn't write himself. (You can tell because the grammar is pretty decent and it includes a little passive-aggressive Bieber-bashing.) Bieber — or, obviously, someone who works for Bieber — posted a lengthy mea culpa that included,



ALL PHOTOS GETTY IMAGES

"Sadly it's been a rough week for me — long days, no sleep while having to be 'on,' as they would say, for cameras and fans" and "I don't always handle things the right way but I'm human and I'm working on getting better at responding not reacting." There's a lot going on in there. Like, a whole lot.

the word

NED EHRBAR
ned.ehrbar@metro.us

Boy George teases Prince tryst

I honestly don't know what to believe with this one. While taping an episode of "The Voice UK," Boy George blurted out a juicy piece of '80s pop music gossip: "I've slept with Prince," he bragged to fellow judge Paloma Faith, according to the Sun, prompting producers to quickly halt the taping. "We just couldn't believe what he had come out with — and the guys in the gallery were beside them-

selves. The crowd went absolutely wild because they thought they had just witnessed a massive celebrity exclusive," a source says. "Production staff had to come up onstage and speak to them. After that, Boy George started backtracking, saying he hadn't really slept with Prince and that in reality, he just had his poster on his wall. But as far as the crowd were concerned, the cat was already out of the bag." Oh my.



DAILY VIDEO



@BARACKDOUBS/YOUTUBE

Barack Obama singing 'Thriller'

Still nursing your Halloween hangover? Here's one more shot of spooky, silly goodness to ease you into November: a brand-new supercut of Barack

Obama that makes him sing-speak the words to Michael Jackson's "Thriller." Utterly delightful, and it has a great beat. If there's anything wrong with the clip, it's that it doesn't go on for the entire song. Because that thing is catchy.

Jamie Chung had a Halloween wedding

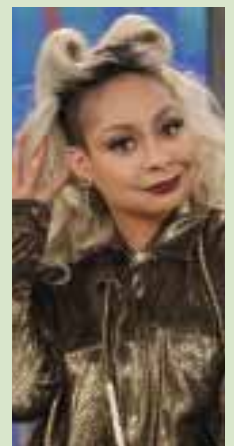
While you were busy looking awesome as your favorite Spice Girl this weekend, Jamie Chung took the opportunity to get hitched. The "Once Upon a Time" star and Bryan Greenberg got married Saturday at the fancy and earthy El Capitan Canyon resort in Santa Barbara, according to Martha Stewart Wed-



dings. And while the ceremony itself was appropriately wedding-ish, Chung and Greenberg did at least acknowledge the holiday with a Halloween-themed welcome dinner Friday, where guests were asked to show up in costume. I hope Chung didn't go as a bride, because that's just cheating.

ABC doesn't care about your Raven-Symone petition

This might make you question the effectiveness of the whole on-line petitioning thing. More than 120,000 people have signed a petition demanding Raven-Symone be axed from "The View" following her comments about "ghetto names" and the Spring Valley High School assault incident. And what does ABC think? "We love Raven," a statement reads. "She is confident, genuine and opinionated." I'm going to take that as a no.



@pattonoswalt

As an Armenian teenager vomits Doritos and Fanta down the front of his Caitlyn Jenner costume, another L.A. Halloween draws to an end.



@GitRDoneLarry

To all the many folks that dressed like me tonight for Halloween... I salute you!



@DanaDelany

Oh god. Sundance Channel is blurring out boobs & pubes in The Shining which makes it even creepier.



@tyrabanks

Why must my bathtub sound like it's vomiting when I let the water out?



@NiallOfficial

Don't let the papers or online stuff tell you we're not coming back.. We are , I'm just going on a long holiday



@kirstiealley

I'm harmless...unless you break into my house...was taught to shoot to kill.

Kathy Griffin isn't running for president

The comedian on Trump, the Oscars and death threats from Demi Lovato fans.



NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

Kathy Griffin doesn't have time to pull punches. The wise-cracking comic is hurtling through her 80-city nationwide "Like a Boss" tour — which comes to Carnegie Hall of all places Nov. 12 — and she's keeping her act fresh each night thanks to the likes of Donald Trump.

I'm assuming Donald Trump has become a big part of your act. I like to call him "President-elect Trump" because as a comedian I kind of want this to keep going even though as a human, and a feminist, I don't. But I

do have a fantasy that Melania Trump is some sort of trump card, if you will, and she's the new Jackie O and we don't know it, and she's going to be this incredible ambassador and she's been hiding her multiple degrees from MIT and Oxford. Maybe she's going to be the new Eleanor Roosevelt.

But that would mean Trump is the new FDR?

Which is the next obvious conclusion. That is how crazy it's gotten. I'm not typically a political comedian, but Trump is an ever-changing mood ring of insanity, and I am happy to just keep checking my ring. He's really fooling us all in a way that is entertaining and frightening. I'm more qualified to be president than Donald Trump.

Would you like to formally announce your

candidacy?

Well, yes. But I think that my VP should be Donald Jr. and my entire cabinet will be made up of Palins, and then obviously Ann Coulter will be my secretary of defense. We're going to keep America great again. [Laughs] No, I am hashtag ready for Hillary. You can't talk to me about when it's a woman's turn.

Speaking of, can we talk about how ridiculous it is that the only woman in late night right now is Miss Piggy?

First of all, she's very empowered, and good for her. But you make a really great point. It hasn't been since 1988 that there has been a female in network nightly late-night talk. It's really shocking. It's great that there are men of color and a gay man in cable and late night, but hello? Women are 51

percent of the population. It's now at a point where it's just straight-up shocking. I think that all of the network executives have to realize it's no longer a couple of female comedians bitching and moaning. I'm actually spearheading the Kathy Griffin "It Gets Worse" campaign for female comedians.

You're excited about Chris Rock hosting the Oscars, but what about yourself for the gig?

Oh my gosh, I would love it. There is just a mountain of sexism in Hollywood, and I freely say it. I'm 54 and have two Emmys and a Grammy — I'm halfway to an EGOT — and I just sold out the Kennedy Center in June, and I'm often just not considered for these things, so I don't know. If I can be live on CNN for three and a half hours, I can be trusted.

Death threats from Demi fans

Do you worry about your act making you new enemies?

I'm not saying Demi Lovato is actively trying to kill me, but her fan army, they have taken to the social media and been very specific about ways that they want to put a machine gun up my butt, cut me with razors. In the Clinton era, you could make fun of Monica Lewinsky and the ... dress, and no one tried to kill you for it. I can make fun of Justin Bieber, and the Beliebers don't threaten to kill me, but you go after that 23-year-old Demi Lovato, and those 30 million Lovatics get very specific about ways they want to kill me. It's really kind of new and frightening.



Griffin wants a shot at the Oscars. COURTESY OF KATHY GRIFFIN

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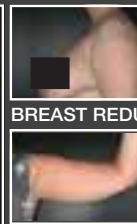
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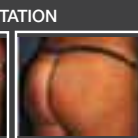


BREAST REDUCTION

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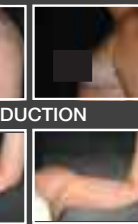
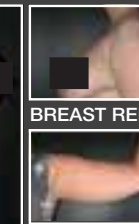
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The creepiest Gillian Flynn interview ever

The "Gone Girl" author tells us about her new ghost story, "The Grownup," plus the eerie predictions two tarot card readers made about how she's going to die.



EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Gillian Flynn loves a good ghost story. "I've always loved being scared," she tells us. "Probably because I came from a very safe, Midwestern family that I could go to those scary places knowing I was going to come back to a safe place." The acclaimed author is known for spinning a chilling tale and

"The Grownup," her first ghost story, is no exception. She gives us more insight here.

You have a knack for writing books that mess with the reader's mind. What was your goal psychologically for the reader with "The Grownup"?

I really just wanted to try my hand at a ghost story, starting with a lighter, edgier tone and taking it to a more gothic feel where you're not sure if you're imagining what's happening or if it's really happening — that strange fear a ghost story can take you to.

What sorts of things really freak you out?

I'm not scared of spiders or anything like that, but I'm freaked out by the



Good news, "Gone Girl" fans — Flynn is about to start writing a new novel. HEIDI JO BRADY

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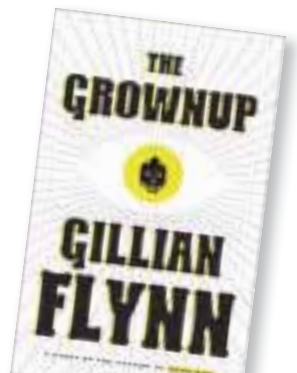
idea of not being safe in your own house. ... The first three novels I wrote were all about the danger inside your house, the place where you should feel the safest. "The Grownup" is about the danger right outside of your house.

In the book, the protagonist uses her people-reading skills to become a "psychic." Have you ever been to a psychic?

No, but I've been to tarot card readers. I've been to two in [completely] different cities, and they both said ultimately I was going to kill myself after a tragedy involving water. The specificity of that really freaked me out so I have not been to one since.

"Gone Girl" was such a massive success. Has that changed the way you write now?

I hope not. I'm getting ready to start my next novel, and I try not to have those voices in my head about trying to make it too much like "Gone Girl" or not enough like "Gone Girl." I just want to write the book I want to write and not worry if it does as well as "Gone Girl." I don't think any book I ever write will. That was a lightning in a bottle sort of thing.



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Remember how 'Batman' began



Christian Bale made his Batman debut in Christopher Nolan's 2005 film "Batman Begins." WARNER BROS. PICTURES

Christopher Nolan wasn't yet a fanboy magnet when he wound up rebooting the Caped Crusader. The rest is history, but his first stab at toughening up the comic book world still feels like a compromise. There's bits of the usual Nolan, notably a first act that jumbles up chronology, in the spirit of "Memento." But there's also a shruggy plot — the kind of who-cares story chiefly there as an excuse for Bat action, plus a poison gas climax that gets out of hand



New on Netflix

MATT PRIGGE

@mattprigge
matt.prigge@metro.us

even before there are shots of horses snorting fire from their nostrils. The ending sets up the Joker, but it also sets up the studio letting Nolan take free rein to do what he wants. And again, the rest is history.

"RESULTS"

Andrew Bujalski's "Computer Chess" is one of the weirdest titles floating around Netflix Instant. But you know what's arguably weirder? Andrew Bujalski's follow-up. On the surface it's a nice indie rom-com about a tightly wound personal trainer (Cobie Smulders), a nouveau riche schlub obsessed with her (Kevin Corrigan) and her

on-off lover and boss (Guy Pearce). But if it sounds like a no-budget god trying to sell out, it fails in wonderful ways. The plot keeps changing, taking hairpin turns that drag us down strange alleyways, jerking us from naturalistic drama to broad comedy and back again. It should be a mess, but it's all tightly controlled.



Cobie Smulders and Guy Pearce star in "Results." MAGNOLIA PICTURES

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*Gottfried Lempert, et. al., "Artefill" Permanent Injectable for Soft Tissue Augmentation: 1. Mechanism of Action and Injection Techniques, Aesthetic Plast Surg 2010 Jun; 34(3):264-72.

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David Koechner of the dead

The "Scouts Guide to Surviving the Zombie Apocalypse" star can do horror, but not watch horror.



MATT PRIGGE
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In "Scouts Guide to Surviving the Zombie Apocalypse," comedy mainstay David Koechner has the misfortune to play one of the undead — a scout leader who, when turned, won't seem to die, no matter how horrifically the teen cast tries. That meant a lot of time in makeup, though Koechner — known for everything from "Anchorman" to "The Office" to "Hannah Montana" — didn't seem to mind.

The zombie you play won't die. What was the hardest of the attempted murders to do? Maybe the one where I get clubbed and burned.

I can't imagine they tried to fake-set you on fire, though. [I had a] stunt double. He did a great job. He has a nice sturdy back for when he got smacked



with an oar. I acted that one out, but I didn't have to get smacked.

How was it being turned into a zombie, especially for what seems like a good chunk of the shoot?

It's a choice you make. I chose to enjoy it. It's four hours of makeup. And it's working with people that operate on a very high level. You're working with some of the best prosthetic and special effects people in the industry. It's kind of flattering. They're artists; you're their canvas. We sit around, have great conversations, watch movies, listen to podcasts.

Is the comedic breed the kind of horror you tend to watch?

I'll tell you the honest truth, I'm not a big fan of horror. I get scared. They stay with me. Ever since I was a kid I would get afraid. At a young age people see it and get titillated and jazzed up. But for whatever reason I got freaked out. Maybe I get too invested.

The horror you've done has tended to be the darkly comic kind, like "Final Destination 5" and "Piranha 3DD."

Did you see "Cheap Thrills"? I wouldn't describe it as a comedy. I didn't know it had as many laughs as it did till I saw it with some festival crowds. I was shocked.

It's more of a drama. It's closer to a play.

Exactly. You could put that thing up as a play. It doesn't have many sets. Stage-wise it would be easy to do. Let's do it — as a musical.



David Koechner, right, doesn't make it very long before turning undead in "Scouts Guide to Surviving the Zombie Apocalypse." **PARAMOUNT PICTURES**

On "Hannah Montana"

You've done some drama, but do you see yourself doing more?

Absolutely. I'm doing one in two weeks. It hasn't been announced yet, but it has a high-level cast. I enjoy expanding my repertoire into anything. Look, man, I did "Hannah Montana," and I've done "Piranha 3DD." That's a lot of f—ing range. And the kids who watched "Hannah Montana," they're older now. I want them to see this picture and go, "Holy s—, is that Uncle Earl?"

That's probably one of the things you're most known for. I went hiking with my family a couple weeks ago. There were a lot of young people climbing the mountain. It was interesting how many times you'd see kids who were just college-age, and they walked past me and whisper, "That was Uncle Earl!" It's crazy.

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Aries A strict budget will be essential if you want to be financially stable. Revise your resume to suit the current job market.



Taurus What some consider stubbornness others will see as determination. You can make your life more comfortable if you alter your living space.



Gemini Put your energy to work for you. Use your charm to present and sell your ideas, services and skills to those who can help you get ahead.



Cancer Surprise the ones you love with a special outing or gift. The difference your generosity makes to your personal life will be extraordinary.



Leo Outmaneuvering the competition will be the key to your success. Make sure you are well-informed when asked for your views or concepts.



Virgo There will be an unusual turn of events in the romance department. A puzzling problem can be solved with the right information.



Libra Financial difficulties will occur if you are indulgent. If you are unhappy with your current vocation, look for a position that offers more possibilities.



Scorpio Think "outside the box" when considering the way you would like to make a living. Advice will come to you through an unexpected source.



Sagittarius Someone may try to pin the blame on you for his or her own shortcomings. Don't give in to demanding individuals.



Capricorn Good fortune is headed your way. Patience will bring you greater options regarding your career. A friend will need your advice.



Aquarius Increasing your knowledge and enhancing your resume should be your priority. Raise your profile by attending professional functions.



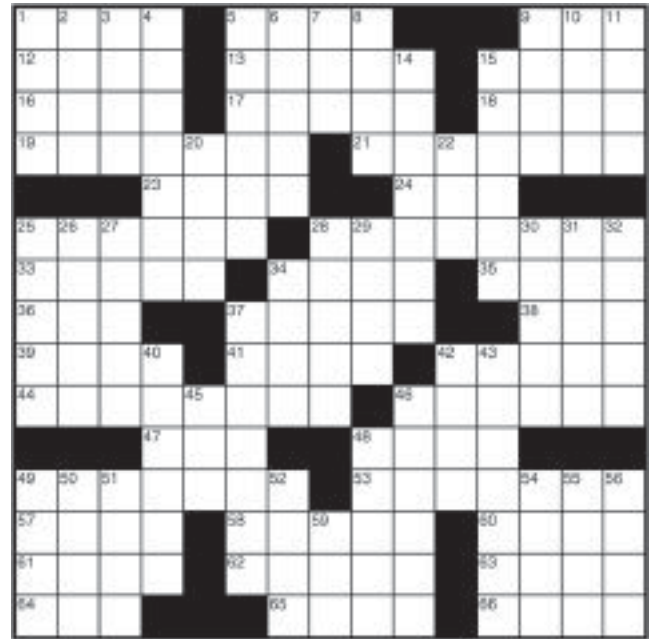
Pisces The more outgoing you are, the better you will do. Don't expect others to go out of their way for you if you sit on the sidelines. **EUGENIA LAST**

Across

- 1 Koh-i — diamond
5 Ciao, adios, etc.
9 Murky
12 Humerus neighbor
13 Diameter halves
15 Guru's practice
16 Hull bottom
17 In — — (briefly)
18 River near Stonehenge
19 Core
21 Places for bulbs
23 Froze over
24 Weeks per annum? (var.)
25 Tropical fruits
28 Vitamin B1
33 Far East nannies
34 Desert st.
35 Where Mongolia is
36 Sleep phenom
37 Movie part
38 — Lingus
39 10-4 buddy
41 Urban map
42 — — against time
44 Settles an argument (3 wds.)
46 Cut thin
47 Luau welcome
48 Clever remark
49 Electrifies
53 Gumshoes, often
57 " — — Old Cowhand"
58 Blake of jazz
60 Almond-shaped
61 The simian King
62 Ocean trenches
63 Solar plexus
64 Is, to Fritz
65 Lemon peel
66 Gunslinger's dare

Down

- 1 Microwave
2 Cheers for toreros
3 Teller's stack
4 Elizabethan knight
5 Props up
6 Wobbled, as a rocket
7 Ancient Tokyo
8 Gentlemen
9 Swooped down
10 — — way too much to do!
11 Watches the phone
14 Hero-worship
15 City near Mount Rainier
20 Two-striper
22 FBI counterpart
25 Spring month
26 Invisible swimmer (var.)
27 Appoints
28 Pick up the tab



- 29 Drop a clue
30 Mr. Asimov
31 Sister's girl
32 Bunnylike
34 Rights org.
37 Went bad
40 Ticking off

- 42 Et — (and others)
43 Parachute part (2 wds.)
45 Util. bill
46 Most certain
48 Sticks in a cabinet
49 Heyerdahl's "Kon- —"

- 50 Med. plans
51 Diatribe
52 Lesseps' canal
54 Constantly
55 Pro — (in proportion)
56 Did in the dragon
59 Pollen spreader

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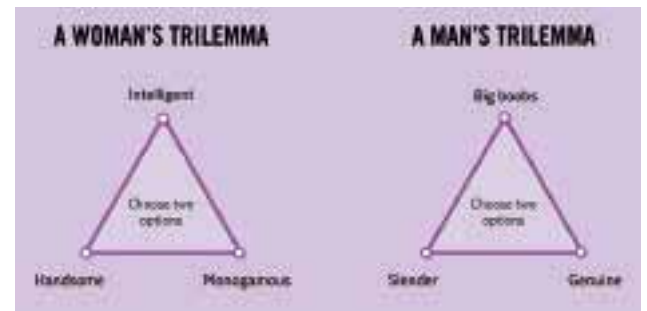
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	7			3	4		1

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jobs & education

How to deal with a *difficult boss*

HOW TO GET AHEAD

Feel like your manager isn't giving you proper guidance? Here's what you need to do.



RAQUEL LANERI
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A recent Gallup study found half of workers leave their job because of their bosses. But usually it's not because these bosses are overly demanding or belittling or act like Meryl Streep in "The Devil Wears Prada."

It's just that they're uninspiring. "Many of these people are disappointed in their manager — feeling like their manager does not have their best interest in mind, is not paying attention to them,

has their own agenda or doesn't have good management skills," says Mary Schaefer, an empowerment expert, coach, trainer, speaker and consultant.

That can be really frustrating. Because a good boss can make

you better at your job, inspire you to strive for more and be your champion when it's time for a promotion or for a reference. So establishing a rapport with them not only makes your day-to-day more bearable, it's also

essential for career advancement.

But, even if your supervisor is remote or hard to read or just unhelpful, that doesn't mean you should throw in the towel. Schaefer gives us some tips on how to make your

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relationship with your boss work for you.

High-performing, low-maintenance

The best way to get into your boss's good graces: Do your work while creating as little trouble as possible. "Here's my catchphrase: Be high-performing and low-maintenance," says Schaefer. "High-performing means you deliver on the objectives given to you," she explains.

"As for the low-maintenance part — this may sound silly, but just don't do things that cause friction points. If you have to do online training for ethics by a certain date, do it — don't put yourself in a position that whoever is responsible for that is calling you — or worse, calling your boss — asking when you're going to get it done. ... So, don't surprise them; don't let them be surprised or hijacked by something that you did."

Ask what they expect of you

Of course, being high-performing isn't so easy if you have a hands-off administrator who doesn't give you deadlines or set goals for you. "You need to be clear on what your objectives are and how they're measured," says Schaefer. "I'll get employees say to me, 'My boss tells me I need to do teamwork better; does that mean I need to go out and have beers with the team after work?'"

In those circumstances, just ask. "If your boss gives you vague feedback, you can ask questions like, 'What would that look like? What kind of communications would you [like to] hear from me? Who would you see me interacting with?'" says Schaefer. "Get clear on what the standards are for what your boss wants you to do."

In addition to the duties your boss expects of you, you should know how often you can expect to meet one-on-one with him or her. Is it every two weeks, every month? Put a date

on your calendar and make sure you go into the meeting with an agenda.

Communicate effectively

Another thing you should clarify with your boss early on: the best way to reach him or her, what kind of situation warrants a call at home and what terms like "ASAP" or "urgent" mean.

"That's one thing that can cause frustration: when the boss is not responsive to something that an employee sees as a priority," says Schaefer. In those cases, speak up. "If they seem annoyed or defensive, say, 'I'm asking these questions because I want to do a good job.' Your boss may not like it, but they can't argue with you."

Sell your ideas

A lot of young people tell Schaefer they feel like their ideas aren't being taken seriously by their bosses. "It's

Have a Plan B

At the end of the day, it's your career, and you need to do what's best for you. "I don't think this can be repeated too much," says Schaefer. "But you need to own your career. Think not, 'What can my boss do about this?' and instead 'What can I do?' And have a Plan B: Your employer really does owe you nothing except for that paycheck and the benefits promised you as long as you deliver."

important to learn how to manage their objections," she says. "So maybe come at your suggestions sideways: Instead of saying 'Hey, I have an idea,' ask, 'What do you think about this? Have you noticed this problem? What have we tried so far?' and go from there. I call that overcoming objections and selling your ideas, and it's under the umbrella of earning the right to present your idea."

Tweens build an app to help the blind

As kids all over the country are discovering, you can do a lot of cool stuff with science, math, technology and engineering (STEM), like design video-games, build robots and blow stuff up.

But you can also use STEM to help your fellow classmates, as six tween girls from Texas discovered recently. Two years ago, Jacquelyne Garcia Torres, Caitlin Gonzales, Janessa Leija, Cassandra Baquero, Grecia Cano and Kayleen Gonzalez entered and won the Verizon Innovative App Challenge, which asks kids to propose an idea for a mobile app that solves a problem in their school or community. Now, their app, Hello Navi, designed to help a blind classmate navigate the halls of their middle school, has been bought by Visus Technology, which expanding it to college campuses across the country.

"It was such a shock," says Baquero, now in ninth grade. "We couldn't believe that we were heard not just by schools and supporters of the visually impaired, but by actu-



The Hello Navi team. PROVIDED

al companies that are now interested in what we do."

The app measures the user's stride and combines that information with digital building blueprints to give audio walking directions.

"We were inspired by our classmate Andres," says Torres, 14. "Once the competition came up and we started talking about ideas, we were like, 'Hmm, this would be great for our fellow companion in school right now.' He was our idol."

And, though the girls had no coding experience prior to entering the competition (Verizon connected them with MIT programmers to give them a crash course on app development), several

If you want to enter

The Verizon App Challenge is accepting entries for its fourth year. The competition runs through Nov. 24, and winners will get the opportunity to work with MIT experts to turn their ideas into real smartphone apps, as well as up to \$20,000 in grants for their schools.

of them have caught the tech bug. Eighth-grader Grecia Cano was also inspired by the experience in a different way: "When I grow up, I want to be a speech pathologist," she says. "I really like helping people. I love it." ■

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DraftKings and FanDuel are the industry leaders in daily fantasy sports games. GETTY IMAGES

Daily fantasy drama

DraftKings and the daily fantasy industry are under increased scrutiny.



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As quickly as the daily fantasy sports industry has exploded in popularity, it could just as quickly disappear.

In Week 1 of the 2015 NFL season in September, NFL viewers were bombarded with TV ads from daily sites DraftKings and FanDuel. The barrage hasn't stopped in the least bit, as during just one NFL game last Sunday, 16 daily fantasy sports commercials were shown.

While advertising dollars are a sign, on the surface, of a healthy industry, there is also the possibility that DraftKings and FanDuel are simply scraping

up every last dollar before the industry is shut down by the government.

"In DraftKings' and FanDuel's advertising spending, there's not a lot of forethought on what's going to happen two to three years down the road," said Dr. Scott Jones, a professor of marketing at Stetson University (Florida) and an expert in Internet commerce and sport marketing. "The spending on advertising is unprecedented. They are out-spending beer companies this year. Their approach is to spend as much money to make as much money as quickly as possible. That tells me they might know their days are numbered. The way they're spending, that alarms me and it tells me they might think it's over."

Last month, it was reported that the FBI was investigating Boston-based DraftKings. Then the state

of Nevada declared daily fantasy sports to be "gambling" and not a game of "skill," as DraftKings insisted that it was last year in an article published by Metro. Yahoo! — which had been making its own push in the daily fantasy industry — said it would suspend operations in the state of Florida.

"I think the big question now is 'how many state attorney general will jump on this,' Jones told Metro. "It's a matter of reversing precedent [for the AGs]. For the daily fantasy companies, they're spending a lot of money on lobbyists right now too."

The old-school gambling guard — the casinos in Nevada and representatives like Frank Pallone in New Jersey (who called for a Congressional hearing on daily fantasy but pushed for legalized sports betting in Atlantic City) — clearly do not want DraftKings and Fan-

For Mets World Series coverage please see metro.us

Duel to succeed.

"The old-school gamblers, they're accustomed to dealing with [betting] lines. The millennials — they love control, first and foremost. Fantasy is a completely different animal than old-school gambling," Jones said. "Fantasy players aren't being told by the casino, 'OK, here's the line.'"

The NFL itself clearly wants DraftKings and FanDuel to continue their operations. ESPN reported last month that the league has been working "behind the scenes" to prevent a congressional hearing on

daily fantasy.

"The 2006 Internet Gambling law put the kibosh on online poker sites, and the popularity of that ended quickly," Jones said. "You're going to have attorney general asking, 'Why don't we have a law that covers this?' in the next few months. So for DraftKings and FanDuel, the rug could be pulled out from underneath them very quickly."

Jones added that if the major daily fantasy sites do become outlawed in the U.S. that it is completely possible that the sites could pop up as "off-shore" sites rather quickly.

"There's still plenty of poker sites, they're just not as popular. If people want to gamble their money that way, they can do it," Jones said. "But the business model for daily fantasy could just be challenged dramatically."

NFL

Jets take a big step back in road loss to Raiders

And like that, the Jets' promising season unraveled a little bit, with a 34-20 loss at the Raiders dropping them to 4-3 on the season. It was the second straight loss for the Jets after a tough result last weekend at the Patriots and a game as ugly as the scoreline. A thumb injury to quarterback Ryan Fitzpatrick saw him yanked from the game in the first quarter as Geno Smith, the incumbent starter, stepped onto the field for the first time all season. Smith was understandably rusty at first as he threw into double-coverage and was picked off in the second quarter. On their first four possessions, the Jets opened the game with a field goal then punted twice before Smith threw the interception. To his credit, Smith settled down in the second half. He orchestrated a third quarter touchdown drive where he completed all six of his pass attempts for 68 yards, capped off by a four-yard touchdown pass to Eric Decker. On the other side of the field, Raiders second-year quarterback Derek Carr finished 23-for-36 for 333 yards and four touchdowns.

Crabtree not shabby — A touchdown catch in the second quarter where he steam-rolled would be tacklers Demario Davis and Antonio Cromartie helped pace Raiders wide receiver Michael Crabtree to a big day. With all the talk about Amari Cooper, it was the veteran Crabtree who put in a star-worthy performance against the vaunted Jets secondary. Crabtree finished with seven receptions for 102 yards.

Cromartie's terrible game — Carr linked up twice in the first half to beat Cromartie in coverage for touchdowns, part of a big first half where the Raiders raced out to a 21-6 lead. Cromartie is showing diminishing returns in his second stint with the team as his physical skill-set seems to be on the decline. He was never a strong player technically and shied away from physical, press coverage. Now that his wheels are slowing down, he's getting exposed far more.

Getting run over — The Jets came into this Week 8 game with the league's top run defense, allowing 71.5 yards per game. But against the Raiders, they looked confused and were physically pushed off the line of scrimmage by a tough Oakland offensive line. Latavius Murray burst out, topping 100 yards by the third quarter to finish with 20 carries for 113 yards.

KRISTIAN DYER

Giants fall in wild affair in Big Easy

The G-Men and Saints put up a combined 101 points Sunday.

TONY WILLIAMS
@TBone8
sports@metro.us

The Giants and Saints engaged in a good old fashioned shootout Sunday, as New Orleans upended Big Blue, 52-49, on a walk-off field goal. It was the quintessential game where the team with the ball last ended up winning, as Kai Forbath's 50-yard kick proved to be the winning margin.

The Saints (4-4), winners of three straight, amassed over 150 yards in each quarter and had five scoring drives of 80 yards, one for 96 yards, and another for 60 yards.

The Giants (4-4) appeared to be in command halfway through the fourth quarter when cornerback Trumaine McBride took a tipped pass to the house for a 63-yard pick-six, with 7:11 remaining, to give the Giants a 49-42 lead. The play unfolded when cornerback Dominique Rodgers-Cromartie continued his opportunistic ways when he pummeled wideout Willie Snead on a crossing route, forcing the ball to dislodge and land safely in McBride's hands, who then raced for the score. McBride was subbing in for Jayron Hosley, who was on the sidelines due to an injury a few plays earlier. It showed their depth, as Hosley was replacing the injured

Key NFL scores

Scores from Sunday:

Seahawks 13, Cowboys 12

Rams 27, 49ers 6

Bengals 16, Steelers 10

Texans 20, Titans 6

Cardinals 34, Browns 20

Vikings 23, Bears 20

Ravens 29, Chargers 26

Bucs 23, Falcons 20

Prince Amukamara.

The effort went in vain, however, as it was the final time Big Blue would score and hold a lead, as the resilient Saints finally forced a punt and used the field-position swing to eventually get Forbath in range.

1 EASY E

Eli Manning returned home to the Big Easy and put on a show. Manning went 30 of 41 for 350 yards with six touchdowns and no picks and connected with eight different receivers to scorch the Saints' secondary. He beat the beleaguered Saints secondary from the pocket, and from even outside the pocket. His two prettiest plays came on the Giants' opening drive of the second quarter and early in the fourth quarter, respectively, when he threw touchdowns to unsuspecting receivers. The first came when he



Eli Manning feels pressure from the Saints defense Sunday in New Orleans. GETTY IMAGES

rolled to his right, faded toward the sidelines and found Odell Beckham Jr., who seemed surprised to have gotten behind double-coverage for the 50-yard touchdown to tie the score at 28. His second improvisational score was a thing of beauty when he bought enough time to find Dwayne Harris for the touchdown on fourth-and-5 at the Saints' 9-yard line and down 14 points. Manning started in the pocket, saw it collapse, and channeled his father Archie's slick footwork by avoiding the rush and running toward the Saints' sideline before connecting on the prayer.

2 ORIGINAL ODELL

Big Blue's quarterback wasn't the only one with a homecoming, as his favorite target, Odell Beckham Jr., is also a New Orleans native. Beckham reverted back to his electric self as he tallied eight receptions for 130 yards and three touchdowns. He beat the Saints in all manners, whether

it was on quick slants or over the top of double-coverage.

3 HOT BREES

Following a sluggish start to the season, Drew Brees has found his groove in recent weeks — culminating with Sunday's performance. The veteran signal caller was so hot that at one point he was

perfect in connecting on 18-straight completions, which tied his own franchise mark, and was just seven short of the NFL record. Brees, who passed for 300 yards in the first half, went 40 of 50 for 511 yards. His seven touchdowns set a franchise record. Other than his forced third-quarter interception in the red zone, Brees had a near-perfect afternoon.

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NOTICE OF FORMATION of MSM 1220 LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 02/11/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 301 East 47th Street, #20N, New York, NY 10017. Purpose: any lawful act or activity.

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